

Home Care Instructions for a Temporary Crown/Restoration

A temporary **crown, inlay, or onlay** is a restoration that is placed until the **permanent restoration** is made by the laboratory and is ready to be placed.

It is normal for the gum around your tooth to be sore when the anesthesia wears off. This will disappear in a day or two. You may rinse with warm salt water to soothe the area (1tsp salt in 8oz water).

Do your best to chew food on the opposite side until your next appointment. Chewing sticky food can sometimes dislodge the temporary.

The temporary serves a very important purpose. It protects the exposed dentin so it is not sensitive, prevents food and bacteria from gathering in the preparation, and prevents the prepared tooth from shifting and moving, making the seating of the permanent restoration more difficult.

Use your toothbrush to clean the temporary as you normally do your other teeth. You will not be able to floss around your temporary as you may dislodge it.